

# 988 is here for all Alaskans



Need mental health support?  
Call or Text 988, or chat [988lifeline.org](https://988lifeline.org)



# CRISIS NOW CONTINUUM OF CARE

Someone to  
talk to

**CRISIS CENTER**



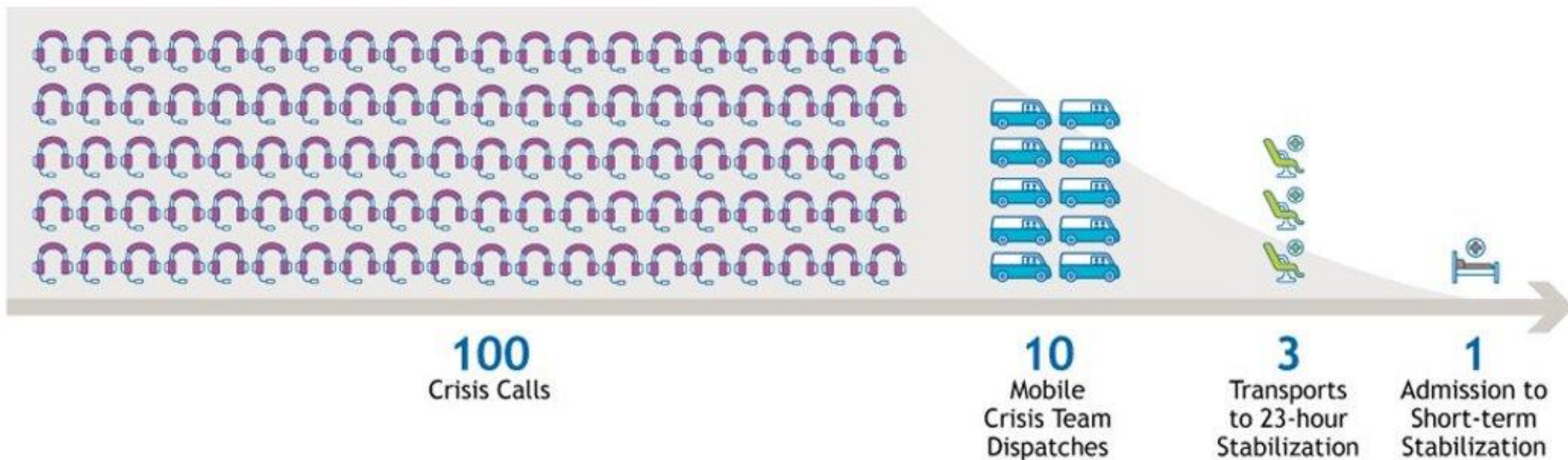
Someone to  
respond

**CRISIS MOBILE  
RESPONSE TEAM**



A place  
to go

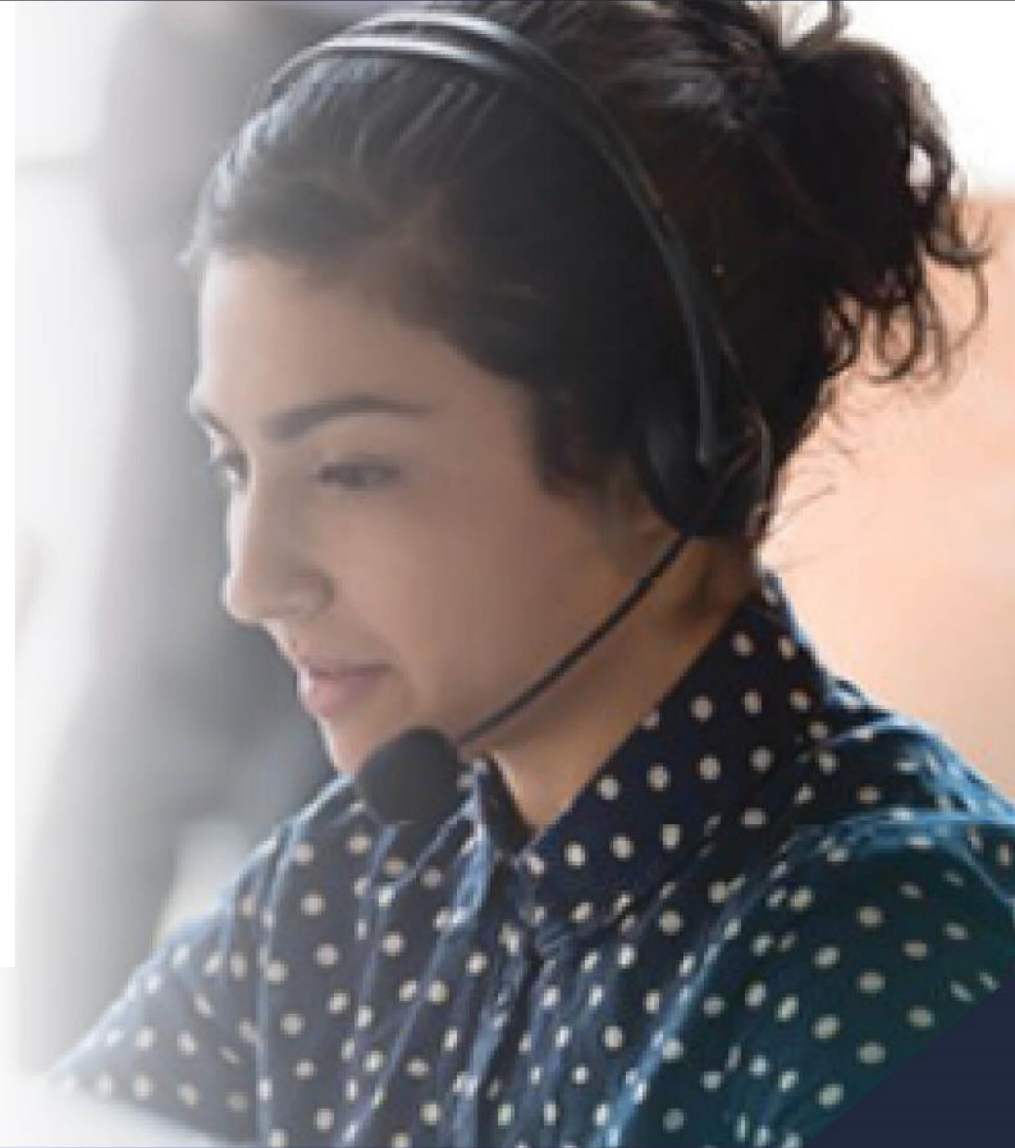
**CRISIS RECEIVING  
AND  
STABILIZATION  
SERVICES**



*Saving more lives  
and  
Reducing the number of people entering involuntary care*

“Someone to talk to”

**The National Suicide Prevention Lifeline  
is now: 988 Suicide and Crisis Lifeline**



# CONTACT ROUTING



The current options are:

Press 1: Veteran's Crisis Line

Press 2: Spanish speaking

Press 3: LGBTQ+, under 25

Or remain on the line to  
route to a crisis counselor in  
your area

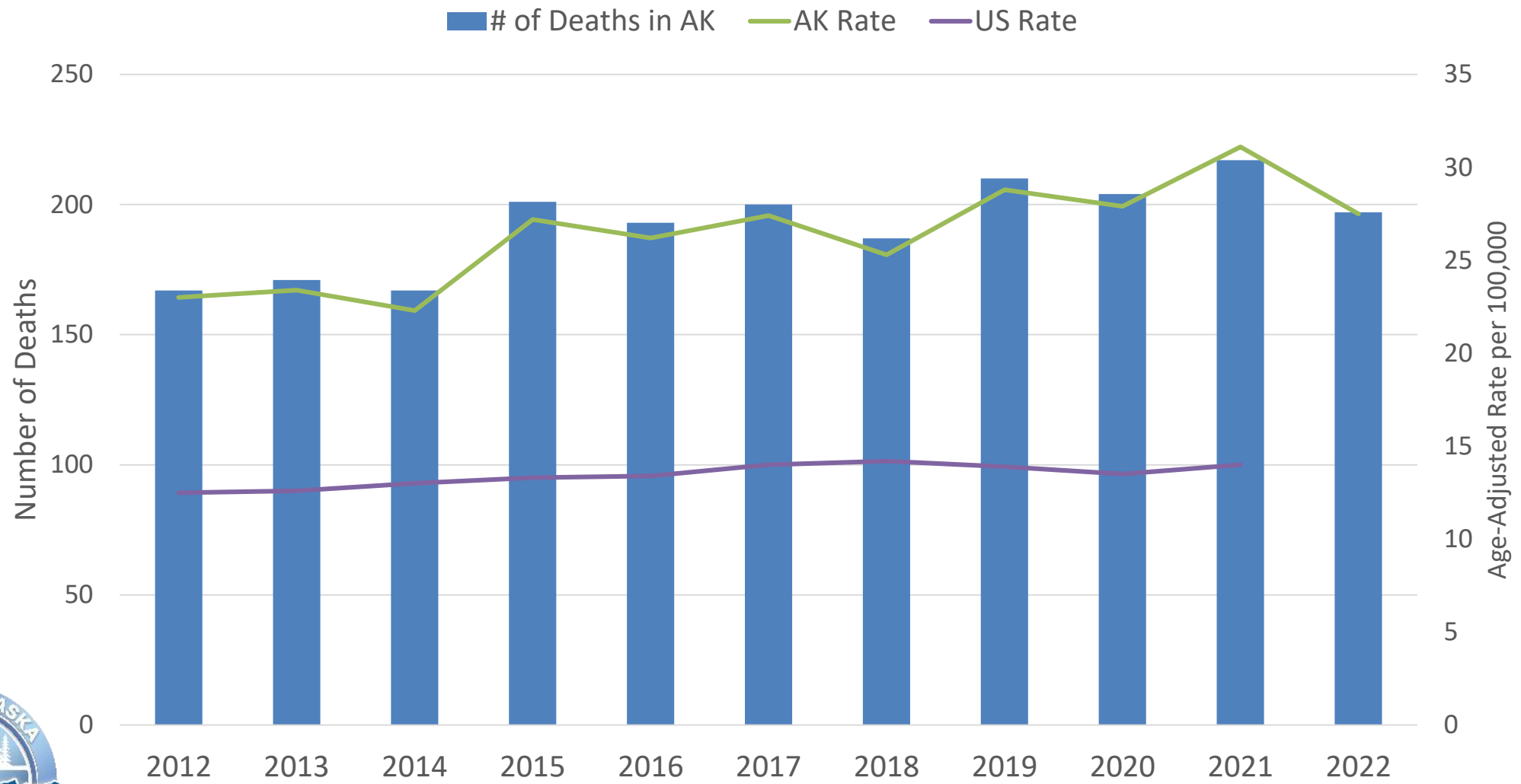
# WHY DO WE NEED 988?

- **Suicide**
  - In 2020, the U.S. had one death by suicide every 11 minutes.
  - Suicide is a leading cause of death for people aged 10-34 years.
- **1 in 5 live with a behavioral health condition**
- **1 in 20 live with a severe behavioral health condition**





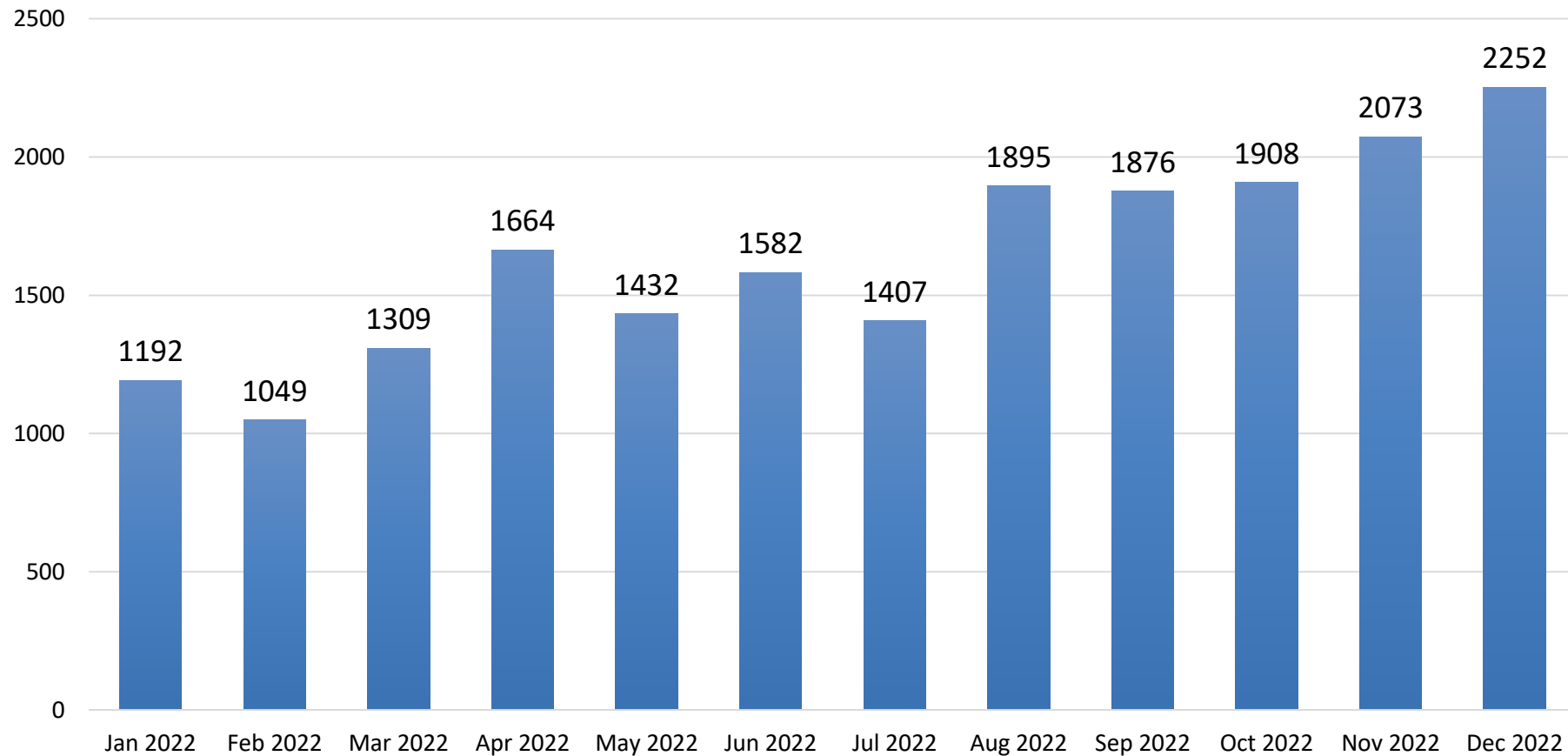
### Suicide Mortality by Year: AK Residents and United States (2012-2022)





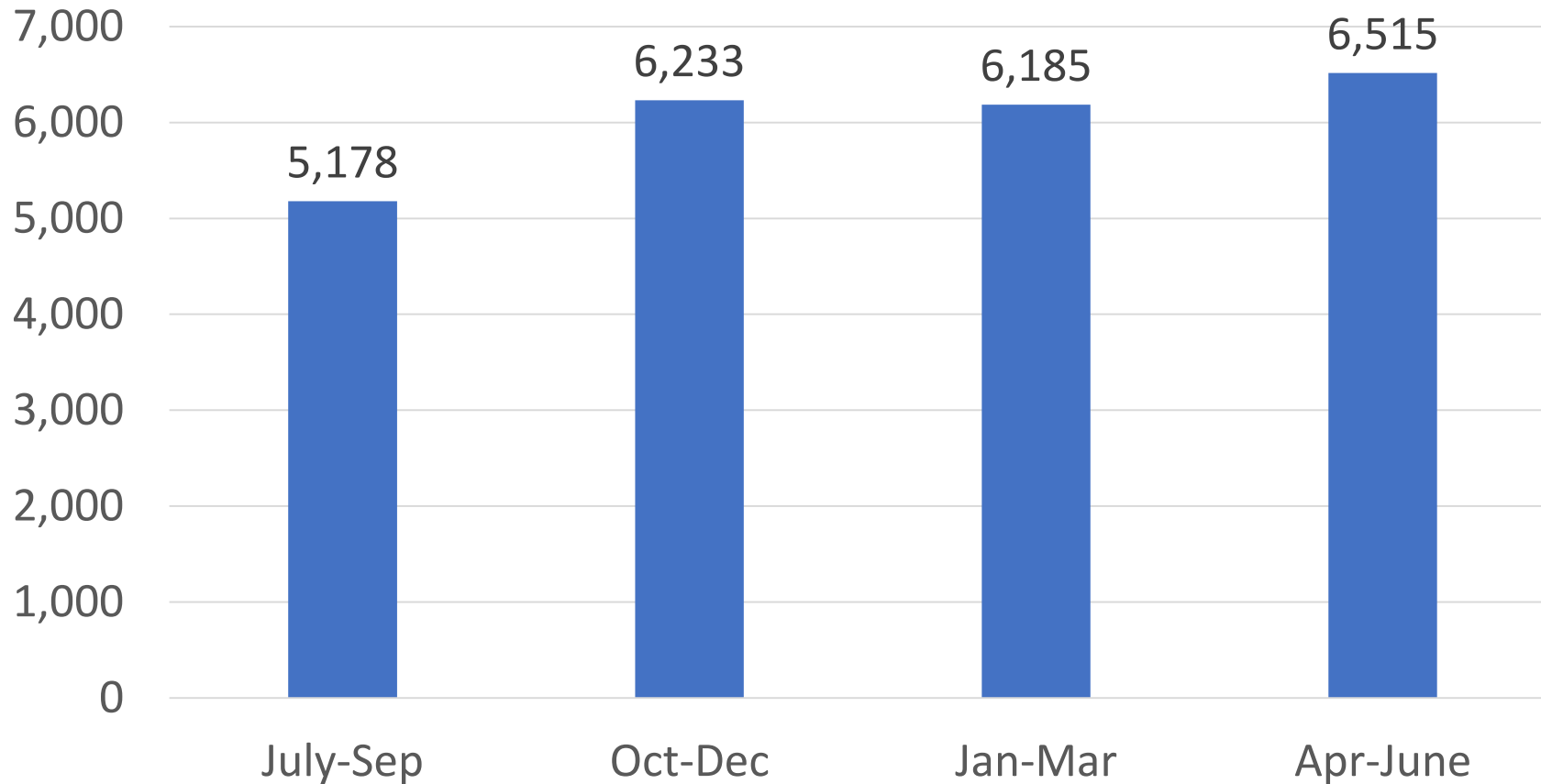
# 2022: 19,369 CALLS ANSWERED BY CARELINE

Count of Contacts - 1/1/2022 to 12/31/2022

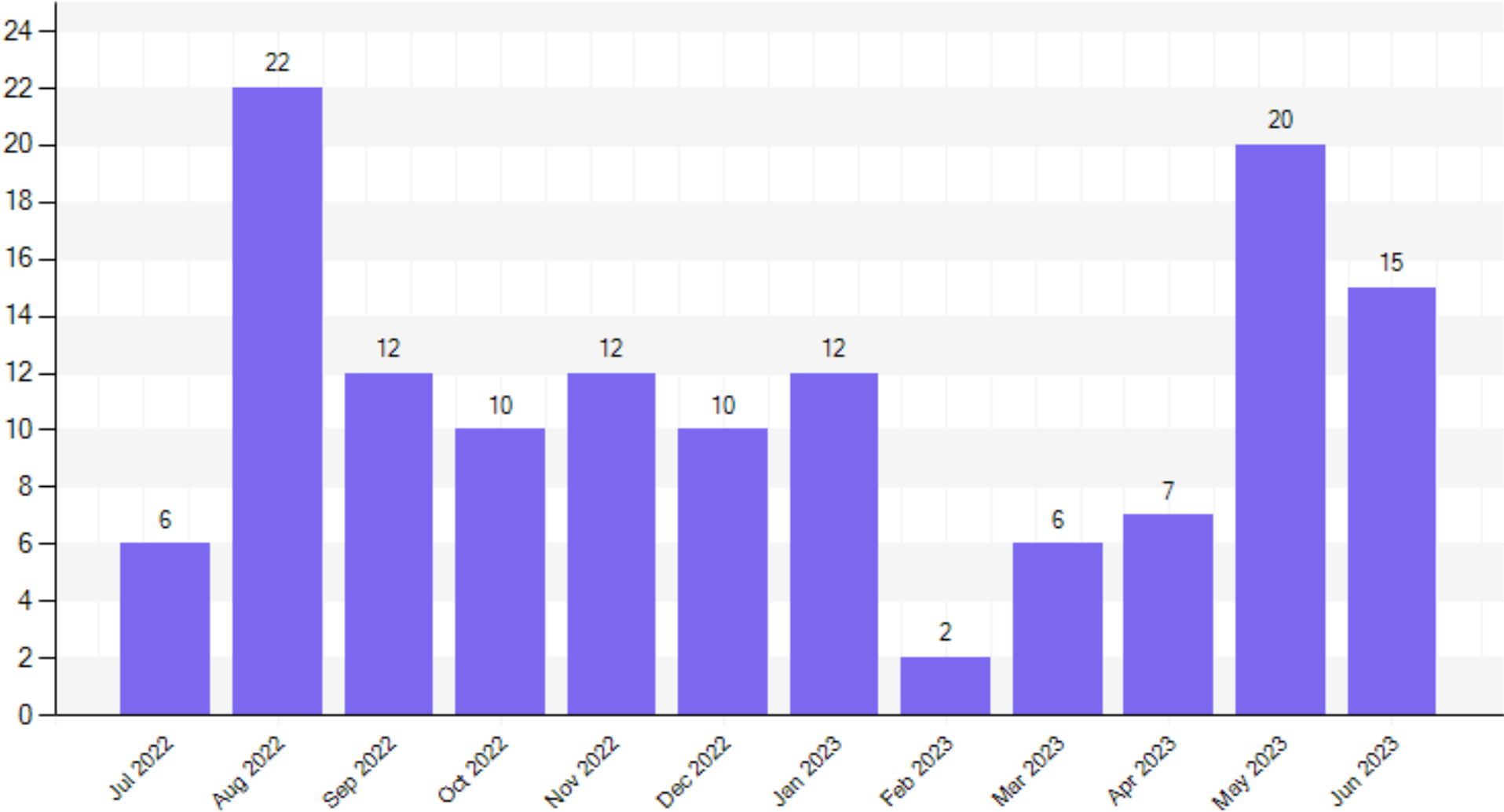


# 2023 CARELINE CALLS THROUGH JUNE

Count of Contacts - 7/1/2022 to 6/30/2023



# Calls and Texts from Ketchikan to 988





988

SUICIDE  
& CRISIS  
LIFELINE

## The Good News: 988 is WORKING!

6.5 Million Calls, Texts, and Chats

Improving Alaska's continuum of care by responding to individuals experiencing a behavioral health crisis with an **evidence-based crisis intervention**.

A simple and direct way for Alaskans to **connect to resources** and **save lives**.



# Alaska Department of Health Division of Behavioral Health

Talk with us.



Be the lifeline.



## 988 Suicide & Crisis Lifeline

[988lifeline.org](https://988lifeline.org)

We can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.



### **SAMHSA**

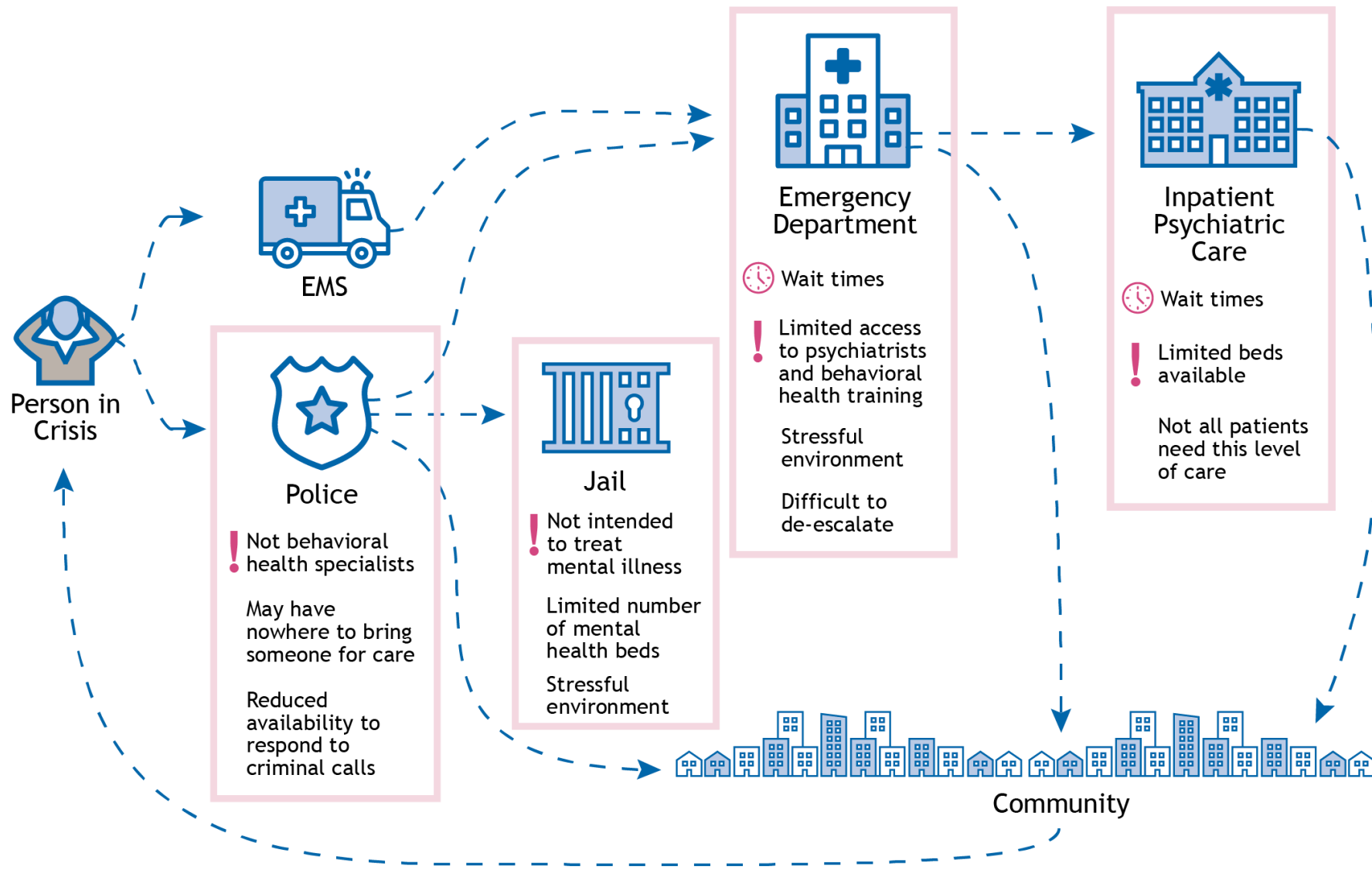
Substance Abuse and Mental Health  
Services Administration

### SAMHSA 988 Partner Toolkit

[988 Suicide & Crisis Lifeline | SAMHSA](#)



“Someone to Respond”



# Mobile Integrated Healthcare



## Community-Based Service

Enhancing public health and safety by providing an alternative to emergency services for persons with non-emergent needs wherever they are in the community





## 2 Main Goals



Risk Reduction for Re-Admissions  
and Escalation



Decrease Burden on Emergency  
Services

# 3 Main Focus Areas



High Utilization of EMS  
and ED



Homeless and Other  
Shelters



Vaccinations and Testing



## Mobile Integrated Healthcare

Vehicle is equipped to serve purposes beyond COVID, such as medical and behavioral health screenings, vaccine distribution, medical services to underserved communities, and more.

# — Mobile Integrated Healthcare Team



## 2 Community Paramedics

Community-based services in the home and in the community

Interventions and screenings

Outreach and education



## Behavioral Health Professional (telemed)

Assessments and safety planning for suicidal ideations and self-harm

Assists with identifying if an individual experiencing psychosis, mania, etc., meets criteria for gravely disabled



## Case Manager

To be added later

# MIH Mission Statement

The Ketchikan Fire Department's Mobile Integrated Healthcare Team is focused on bridging healthcare gaps within our communities.



This is done by developing a patient-centered approach that provides resources that can fill healthcare gaps, provide mental health access, and provide education that helps improve the communities of Ketchikan, Saxman, and the Ketchikan Gateway Borough.



# 988 and MIH will SAVE LIVES

## Reduce

- # of High Utilizers of EMS and the Hospital ED
- Healthcare Costs

## Free up

- Hospital beds and staff
- Public Safety Resources (Fire, Police, Emergency Vehicles)

## Improve

- Continuity of Care
- Health and Wellbeing of Community Members

# Questions and Discussions

